PERIOPERATIVE SERVICES

Post-Procedure Instructions for Elective Cardioversion

PAIN:

You may have some skin discomfort in the chest and/ or back area. You may take Tylenol as needed. Please take as instructed.

PROCEDURE SITE:

The skin under the pads may be red, irritated sore or itchy. It may feel like a mild sunburn. Applying a cream or lotion may help. Speak with your nurse or physician regarding any questions or concerns.

ACTIVITY:

You have received sedation and may be drowsy for up to 24 hours after the procedure.

We want you to be safe and as comfortable as possible. For this reason, we suggest that you comply with the following advice:

* You should have someone available to stay with you overnight upon returning home.
* Do not drive a car or operate machinery for at least 24 hours after the procedure.
* You should limit activity requiring full concentration for 24 hours; e.g. making important personal or business decisions, as full mental alertness may not return for several hours.
* You should not drink any alcoholic beverages for at least 24 hours following your procedure as alcohol may influence the effects of the drugs you have been given.
* You should eat lightly for the first meal following your procedure.
* You should take it “easy” for a day or two.

CONTINUED ON OTHER SIDE 🡪

Information is available in alternate formats upon request

FOLLOW UP:

If you have any problems or are concerned about your condition for any reason, please contact your physician through his/her office or follow the directions on their voice message machine regarding reaching another physician.

If you are unable to contact your physician or the physician covering his/her practice, come to the Emergency Department of the hospital where you will be seen by an emergency physician.

ADDITIONAL INFORMATION:

Please review your medications for any changes, ensure you fill your prescriptions and follow the instructions as given to you by your nurse/physician.

Contact your physician or go to the nearest Emergency Department if you have:

* Dizziness or feel lightheaded
* Heart is racing
* Skipping beats in your heart rhythm
* Shortness of breath

Call 911 and do not drive yourself to the emergency department if you have:

* Chest pain and/ or chest discomfort
* Faint or feel like you are going to faint
* Loss of balance headache or dizziness
* Changes in your speech
* Blurred vision
* Facial droop on one side
* Weakness in the arm or leg

The information contained on this sheet is provided to you and your family to help you in your recovery from this procedure. This document is not intended to replace medical advice from your doctor or healthcare team. If you require more specific/additional medical advice, contact your doctor and healthcare team about your particular healthcare needs.

Protect yourself! Clean your hands frequently using soap and water or

hand sanitizer and ask that your healthcare providers and visitors do the same." Clean hands save lives.