**PERIOPERATIVE SERVICES**

**Post-Operative Instructions**

# Kidney or Ureter Stones

**PAIN:**

You may have burning and stinging and have to go to the bathroom more often for 4-6 weeks post surgery. Abdominal and flank pain is also to be expected.

**OPERATIVE SITE:**

If your stone is too large to be removed or broken, it may have to be fragmented into many pieces about the size of grains of sand. These pieces will then pass in the urine with some pain over the next few weeks. You may notice blood in your urine.

**ACTIVITY:**

You may resume regular activities when you are able.

**DIET:**

Resume your regular diet and drink plenty of fluids.

**FOLLOW-UP:**

Your Surgeon will advise you of your follow-up appointment the day of your surgery. If you are a Day Surgery patient, a Nurse from the Day Surgery Unit will call you the day after your surgery to discuss any concerns.

**ADDITIONAL INFORMATION**:

Resume other prescribed medications you were taking prior to surgery, unless you have been told otherwise.

CONTINUED ON OTHER SIDE 🡪

Information is available in alternate formats upon request

**Call your Surgeon immediately or go to the nearest Emergency Department if you have any of the following:**

* severe pain
* nausea or vomiting
* excessive bleeding
* elevated temperature (38ºC or 100.4ºF) and/ or chills lasting more than 24

hours

Patient safety is very important to Queensway Carleton Hospital and this information is provided to patients and their families to help inform you of your essential role in your own safety.

The information contained on this sheet is not specific medical advice, nor a substitute for medical advice. For your safety, it is advised that you speak with your Doctor and Healthcare Team about your particular healthcare needs.

Protect yourself! Clean your hands frequently and ask your healthcare providers and visitors to do the same. Clean hands save lives.