PERIOPERATIVE SERVICES

Post-Operative Instructions

Cystoscopy

PAIN:

You may have some discomfort – burning on voiding. An urgent need to urinate and frequent urination is common. These symptoms will subside in time and should disappear completely in six weeks.

OPERATIVE SITE:

You may have a small amount of blood in your urine for 24 hours.

ACTIVITY:

Frequent rest periods for 1 to 2 days in order to promote healing and prevent bleeding.

DIET:

Resume your regular diet but drink plenty of fluids.

FOLLOW-UP:

Your Surgeon will advise you of your follow-up appointment the day of your surgery. If you are a Day Surgery patient, a Nurse from the Day Surgery Unit will call you the day after your surgery to discuss any concerns.

ADDITIONAL INFORMATION:

**Do not take any medications containing blood thinners or Aspirin™ until advised by your Surgeon.** Resume other prescribed medications you were taking prior to surgery, unless you have been told otherwise.

**Call your Surgeon or go to the nearest Emergency Department if you have any of the following:**

* elevated temperature (38ºC or 100.4ºF) and/ or chills lasting more than 24 hours
* cloudy, foul smelling urine
* severe pain
* difficulty emptying your bladder

**CONTINUED ON OTHER SIDE **

Patient safety is very important to Queensway Carleton Hospital and this information is provided to patients and their families to help inform you of your essential role in your own safety.

The information contained on this sheet is not specific medical advice, nor a substitute for medical advice. For your safety, it is advised that you speak with your Doctor and Healthcare Team about your particular healthcare needs.

Protect yourself! Clean your hands frequently and ask your healthcare providers and visitors to do the same. Clean hands save lives.