PERIOPERATIVE SERVICES

Post-Operative Instructions

Bilateral Vasovasostomy

PAIN:

You may experience some discomfort after surgery. The Surgeon has given you a prescription; take as directed.

OPERATIVE SITE:

You will have a scrotal support in place when you return from the operating room. This should be worn for a few days to provide comfort and support. Apply ice frequently to the operative area for the first 48 hours to minimize pain, swelling and bruising. You will have 2 small incisions on your scrotum with stitches that dissolve on their own.

ACTIVITY:

Frequent rest periods will help to prevent swelling and bleeding. You may shower the day after surgery but should avoid hot water. Re-apply dressings and scrotal support/or underwear afterwards. Your Surgeon will advise you at your follow-up appointment when you may resume sexual intercourse, a regular exercise program and return to work.

DIET:

Resume your regular diet the day after surgery. Increase the amount of fibre in your diet and drink plenty of fluids to avoid constipation.

FOLLOW UP:

You will be advised about your follow-up appointment the day of surgery. Contact your Surgeon’s office if you have not been informed about a follow-up appointment. If you are a Day Surgery patient, a Nurse from the Day Surgery Unit will call you the day after your surgery to discuss any concerns.

CONTINUED ON OTHER SIDE 🡪

ADDITIONAL INFORMATION:

Do not take any medication containing aspirin until advised by your Surgeon as this could cause bleeding.

**Call your Surgeon or go to the Emergency Department if you have any of the following:**

* Severe pain not controlled by medication.
* Unexplained fever and chills (temperature above 38º C).
* Large amount of bleeding.
* Foul smelling (yellow-green) discharge from operative site.
* Significant swelling and/or redness around the incision.